

## Additional Features & Functions

Download the 4iiii app for iOS or Android and gain some great Viiiiva features. Learn more at [4iiii.com/support](http://4iiii.com/support).

- 1 ANT+ to BLE Bridging**  
Get your ANT+ Speed / Cadence, Power Meter or Footpod data on your Smartphone.
- 2 File Save**  
Record your workouts on your Viiiiva without your phone.
- 3 Track Your Indoor Workouts**  
Connect to ANT+ compatible fitness equipment and store your workout data on your favorite app.
- 4 Tap to Pair**  
Conveniently pair your Viiiiva to your smartphone by simply tapping them together!

### FCC Compliance

This device complies with Part 15 of the FCC Rules.

Operation is subject to the following two conditions: (1) This device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesirable operation. Any changes or modification of this product, not approved by the manufacturer will void the user's authority to operate the equipment.

### IC Compliance

This device complies with Industry Canada license-exempt RSS standard(s). Operation is subject to the following two conditions: (1) this device may not cause interference, and (2) this device must accept any interference, including interference that may cause undesirable operation of the device.

Le présent appareil est conforme aux CNR d'Industrie Canada applicables aux appareils radio exempts de licence.

L'exploitation est autorisée aux deux conditions suivantes: (1) l'appareil ne doit pas produire de brouillage, et (2) l'utilisateur de l'appareil doit accepter tout brouillage radioélectrique subi, même si le brouillage est susceptible d'en compromettre le fonctionnement.



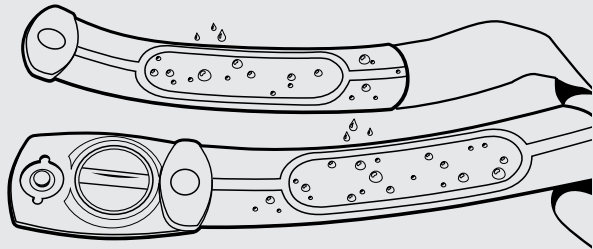
# Viiiiva

Heart Rate Monitor

QUICK START GUIDE

# Getting Started with Viiiiva

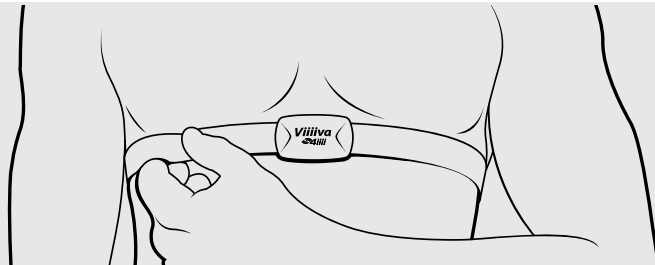
Your Viiiiva is pre-loaded with a CR2032 battery.



## 1 Moisten the electrodes on the strap

Viiiiva will turn on automatically when worn and turn off 2 minutes after it's removed.

For the complete experience, download the 4iii app for iOS or Android.  
\*Be sure to upgrade your firmware if prompted. We're always making improvements and adding new features.



## 2 Adjust the Strap

Adjust the strap to fit snugly against your body, under your breastbone. Clip in the Viiiiva with the logo centered on your body.

For additional resources and videos, go to:  
[4iii.com/support](https://4iii.com/support)



## 3 Pair your Viiiiva

Pair your Viiiiva by following the instructions on your head unit, watch, or the 4iii app.