Getting to Know Your Sportiiiis Unit

Boom

contains several LEDs (Light-Emitting-Diodes) that can be programmed by color and position to indicate where your performance is relative to the target zone for the currently enabled sensor

TipTap Sensor

changes functions by simply tapping on the side of the unit

Multi-Function Button

turns Sportiiiis on and off, and controls other functions

USB Port

connect to a computer to configure, charge and sync your Sportiiiis unit

Speaker

triggered by TipTap or (optionally) when above or below zone for currently enabled sensor

Welcome to Sportiiiis!

Thank you for purchasing Sportiiiis. Sportiiiis is a heads-up display that guides you to your target range (zone) during running, cycling, and many other sports - while allowing you to keep your eyes on the road and maintain form. It can pair with, and receive data from any ANT+TM enabled heart rate strap, foot pod, power or speed/cadence sensor.

When properly mounted to your glasses, the boom of the Sportiiiis unit will be in your peripheral vision, so that its LEDs can tell you whether you are below, above, or in your zone by their color and position.

Through the Sportiiiis software for Windows or Mac, you can set up Sportiiiis and configure the zones for your individual needs.

What's In the Box?

USB Charge / Sync Cable

Sportiiiis Unit

(2) Mounting Brackets

(10) Tie Wraps

Multi-Function Button Actions

PRESS & HOLD BUTTON TO HEAR	CONTINUE HOLDING BUTTON	RELEASE BUTTON
"Power"	Proceed to Mode	Unit turned on/off
"Mode"	Proceed to Pairing	Switches Mode (Run/Bike)
"Pairing"	Proceed to Volume	Pairs with available sensors
"Volume"* (1 through 4)	Move to next volume level	Changes volume

TipTap

Sportiiiis contains an accelerometer, which allows it to respond to taps on the side of the unit. For best results, hold the unit with your middle finger and tap sharply with your index finger.
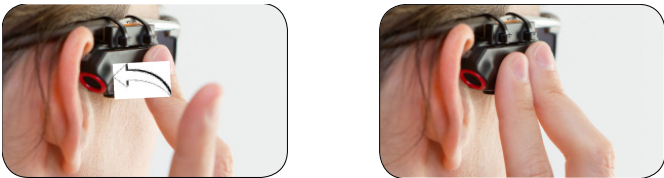
1 Tap	Audio Feedback of currently displayed sensor measurement
2 Taps	Rotates through the enabled sensor measurements

Technical Support is available from 4iiii by both phone and email from 9am-5pm Mountain time.

Phone: 1.800.218.3095 / 1.403.800.3095

Email: support@4iiii.com / User Forum: forum.4iiii.com

Sportiiiis
QUICK START GUIDE

Personalize Sportiiiis with the Configuration App

Open a browser and go to: www.4iiii.com/support.html. Click on the "Downloads" tab and select the Application Installer for your operating system (Windows or Mac)

http://www.4iiii.com/support.html
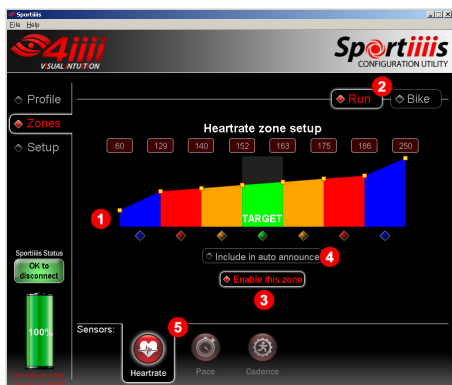
The Sportiiiis User Guide has instructions on the use of the Sportiiiis unit and Configuration App

Charging Sportiiiis

To charge Sportiiiis, uncover the micro-USB port on the bottom of the unit and plug in the included USB 2.0 Charge/Sync Cable. Plug the other end of the cable into one of your computer's USB ports or a USB power adapter.

While the unit is connected to a power source, the LEDs will indicate the level of charge. The LEDs will blink Red when the charge level is low then begin to "stream" to yellow as the charge level increases; when two LEDs are solid and green the unit is fully charged.

Sportiiiis takes about 75 minutes to charge from a fully discharged state.

While using Sportiiiis, several factors will affect its battery life. These include LED brightness, LED blink rate, and the volume and frequency of audio announcements. (To configure these parameters go to page 8)
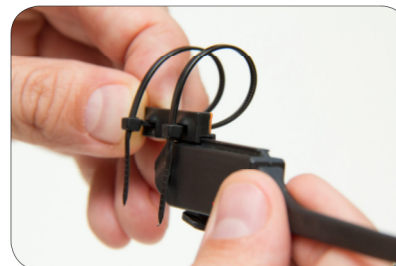
Sportiiiis battery life is approximately 8-9 hours under normal use.

Mounting Sportiiiis on Your Glasses

1. Insert tie wraps into mounting bracket loosely, as shown below:

2. Slide the Sportiiiis unit into the mounting bracket.

3. Align the Sportiiiis unit on your glasses as you'd like it to be mounted. At this point, choose whether you'd like the boom on the inside or the outside of the lens.

Boom Outside Lens

Boom Inside Lens

4. Carefully tighten the tie wraps to fix the mounting bracket in place.

5. Slide the Sportiiiis unit off of the mounting bracket and cinch down the tie wraps tightly.

6. Cut the excess tails from the tie wraps.

7. Slide your Sportiiiis unit back onto the mount, bend the boom into its final position.